

COLORADO SPRINGS STRIDERS TRACK & FIELD CLUB

CLUB HISTORY

2002 OUTDOOR SEASON

USATF JUNIOR OLYMPIC NATIONALS-Omaha,Nebraska, July 25-28,2002

7th Place

Chasen Golucke **Midget Boys** **1500M Racewalk** **8:00.43**

REGION X CHAMPIONSHIPS-EI Paso, Texas, July 11-14, 2002

Gold-Medalists

Chasen Golucke **Midget Boy's** **1500M Racewalk** **8:32.76**
Kelly Coomes **Youth Girl's** **Pentathlon** **2548**
Lindsey Braddock **Intermediate Girls** **Triple Jump** **34'4 ¾"**

Silver-Medalists

Cynthia Gordon,Jordan Haag **Intermediate Girls** **4 x 400M Relay** **4:18.54**
Lindsey Braddock,Chanell Nichols
Allie Saul,Cynthia Gordon, **Intermediate Girls** **4 x 800M Relay** **10:42.96**
Chanell Nichols,Jordan Haag

Bronze Medalists

Kelly Coomes **Youth Girls** **High Jump** **4'9 ½"**
Trevor Waliszewski **Midget Boys** **3000M** **11:06.61**

COLORADO STATE JUNIOR OLYMPIC CHAMPIONSHIPS-Denver, Colorado, July 22-23, 2002

Gold-Medalists

Bantam Boys-Andre Nichols-Shot Put
Midget Boys-Chasen Golucke-1500M RW
Intermediate Boys-Jarvis Hill-Javelin,Shot Put
Intermediate Boys-Jarvis Hill-Javelin,Shot Put
Midget Girls-Laurisa Canini-High Jump
Intermediate Girls-Rosie Converse-400MH, High Jump, Lindsey Braddock-Triple Jump, Cynthia Gordon,Jordan Haag,Chanell Nichols,Christina Bailey-4x400MR, Allie Saul,Cynthia Gordon,Rosie Converse, Jordan Haag-4x800MR
Young Women-Marlesa Moore-Triple Jump

Silver-Medalists

Young Men-Bryce Hartman-1500M
Youth Girls-Hillory Davis-3000M, Kelly Coomes-High Jump, Katie Coomes-Shot Put

Bronze-Medalists

Bantam Boys-Daniel Rodriguez-Shot Put
Youth Boys-Brian Bills-Triple Jump
Youth Girls-Hillory Davis-1500M, Kelly Coomes-100M Hurdles

2002 INDOOR SEASON

SIMPLOT GAMES-Pocatello, Idaho February 14-16, 2002

Bronze Medalist

Dylan Baker(400),Brett Bultje(200),Jackie Jacob(200) 1600M Medley Relay 3:42.77
David Hiserote(800)

6th Place

Mikki Musso,Jordan Haag,Kelly Marquardt,Marlesa Moore 1600M Relay 4:14.67

7th Place

Brett Bultje 400M 50.20

COLORADO USATF INDOOR CHAMPIONSHIPS-CU-Boulder, Colorado, February 2, 2002

Gold-Medalists

Young Women-Marlesa Moore-Triple Jump
Young Men-Dylan Baker-1600M
Open-Brett Bultje-400M, Dennis Ploand-55M Hurdles, Gary Lauria-Shot Put

Silver-Medalists

Young Women-Stephanie Clendenen-1600M
Young Men-David Hiserote-1600M
Mixed Division-Jordan Haag,Marlesa Moore,Mikki Musso,Kelly Marquardt-1600M Relay
Open-Tom Eisenhauer-55M Hurdles

Bronze Medalists

Intermediate Girls- Erin McCormick-1600M/3000M, Jordate Haag-800M
Intermediate Boy's-Mike Wynarsky-1600M
Young Men-Bryan Pittman-1600M

2001 OUTDOOR SEASON

REGION X CHAMPIONSHIPS-July 14-16 2001

Gold-Medalist

Elizabeth Pasko Youth Girls 3000M Racewalk 20:34.72

Silver-Medalists

David Hiserote Young Men 800M 2:00.11
1500M 4:14.54
Matt Grenier Young Men 2000M Steeplechase 6:58.43

Marlesa Moore	Young Women	Triple Jump	35'11 1/2"
Dominique Bingham, Jordan Haag Ginny Woodfork, Shanell Nichols	Youth Girls	4 x 400M Relay	4:20.50

Bronze-Medalists

Ashley Crawford	Youth Girls	Discus	96'1"
Lauren Carter, Ginny Woodfork Dominique Bingham, Lindsey Crawford	Youth Girls	4 x 100M Relay	51.58
Erin Marston	Intermediate Girls	3000M	11:39.66
Amanda Foster	Young Women	3000M	12:09.11
Jill Madone, T.J. Phelan Isabelle Swift, Marlesa Moore	Young Womens	4 x 400M Relay	4:24.13

Mike Moore, Dylan Baker David Hiserote, Tom Eisenhauer	Young Men's	4 x 400m Relay	3:25.72
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COLORADO STATE JUNIOR OLYMPIC CHAMPIONSHIPS-Fort Collins, Colorado June 23-24 2001

Gold-Medalists

Bantam Girls-Jolyn Pasko-1500M RW
 Midget Girls-Elizabeth Pasko-3000M RW
 Youth Girls-Ashley Crawford-SP, Discus, Lauren Carter, Ginny Woodfork, Dominique Bingham, Lindsey Crawford-4x100MR
 Intermediate Boys-Ryan Winters-3000M
 Young Men-Mike Moore, Dylan Baker, David Hiserote, Tom Eisenhauer-4x400MR

Silver-Medalists

Youth Girls-Elizabeth Pasko-3000M, Jaime Swango-3000M RW, Dominique Bingham-200M/400M,
 Dominique Bingham, Lauren Carter, Lindsey Crawford, Jordan Haag-4x400MR
 Intermediate Girls-Erika Wynkoop-SP, Abby Krall-400MH, Erin Marston-3000M, Mikki Musso, Becky Ross,
 Selethia Bingham, Cynthia Gordon-4x44MR
 Young Women-Amanda Foster-3000M, Bronwen Maxson-HJ
 Intermediate Boys-Keith Clayton-400MH, Jeff Bingham-SP
 Young Men-Tom Eisenhauer-400MH

Bronze-Medalists

Youth Girls-Jordan Haag-800M, Lauren Carter-100M, Nicole Elliott, Lauren Bedola, Chanell Nichols, Ginny Woodfork-4x400MR
 Intermediate Girls-Selethia Bingham-400MH-Erin Marston-1500M, Whitney Sutton-PV, Mikki Musso,
 Becky Ross, Cynthia Gordon, Seletia Bingham-4x100MR
 Midget Boys-James Crawley-LJ
 Young Men-David Hiserote-1500M, Matt Grenier-2000M Steeple, Aaron Vasquez-sp, Discus

2000 OUTDOOR SEASON

USATF JUNIOR OLYMPIC NATIONALS-Buffalo New York-July 25-30, 2000

Bronze-Medalist

Elizabeth Pasko	Midget Girls	1500m Racewalk	8:04.56
<u>5th Place</u>			
Eric Pasko	Young Men	3000M Racewalk	14:37.41
<u>6th Place</u>			

Jolynn Pasko	Bantam Girls	1500M Racewalk	9:44.81
Eduardo Pasko	Intermediate Boys	2000M Steeplechase	6:32.09
<u>8th Place</u>			
Tina Gray	Young Women	3000M	11:05.41

REGION X CHAMPIONSHIPS-Pueblo, Colorado-July-14-16, 2000

Gold-Medalists

Jolynn Pasko	Bantam Girls	1500MRW	9:35.05
Elizabeth Pasko	Midget Girls	1500MRW	9:17.94
Erin Marston, Jen Harmel	Intermediate Girls	3200M Relay	10:41.24
Amada Harvey, Amanda Glascoe			
Tina Gray	Young Women	2000M Steeplechase	8:40.70
Tim Parr	Young Men	5000M	16:14.27

Silver-Medalists

Kaylee Spanier	Youth Girls	High Jump	4'8"
		Javelin	69'9"
Erin Marston	Intermediate Girls	3000M	11:23.58
Trevor Waliszewski	Bantam Boys	1500M	5:28.20
Devin Nix	Midget Boys	Long Jump	15'6 ¼"
Eduardo Pasko	Intermediate Boys	2000M Steeplechase	6:43.50
Chris Urban		400M Hurdles	59.03
Ben Fenimore, James Gray		3200M Relay	8:45.0
Brandon Gordon, Dylan Baker			
Eric Pasko	Young Men	3000M RW	14:02.41

COLORADO STATE JUNIOR OLYMPIC CHAMPIONSHIPS-June 2000

Gold-Medalists

Bantam Girls-Jolynn Pasko-1500MRW
Midget Girls-Elizabeth Pasko-1500MRW
Youth Girls-Kaylee Spanier-HJ/Pentathlon, Jaime Swango-3000MRW, Lauren Carter, Jordan Haag, Cynthia Gordon, Kaylee Spanier-1600MR
Intermediate Girls-Jen Harmel-1500/3000M, Erin Marston, Amanda Harvey, Jen Harmel, Amanda Glascoe-3200MR
Young Women-Tina Gray-1500M/2000M Steeplechase
Bantam Boys-Devin Nix-LJ
Youth Boys-Creighton Daetwyler-Javelin
Intermediate Boys-Chris Urban-110MH/400MH, Eduardo Pasko-2000M Steeple, Dylan Baker, Ben Fenimore, Chris Urban, Jared Knight-1600MR, Brandon Gordon, James Gray, Ben Fenimore, Dylan Baker-3200MR
Young Men- Tim Parr-5000M, Eric Pasko-3000MRW

Silver-Medalists

Midget Girls-Elizabeth Pasko-3000M, Lindsey Crawford, Tavia Van Vleet, Lauren Bedola, Rachel Broerman-400M Relay
Youth Girls-Ashley Crawford-Discus, Sarah Broerman-Pentathlon, Kaylee Spanier-200M Hurdles/JAV
Intermediate Girls-Megan Quick-PV, Jen Harmel-800M, Jessica Grissom-400M Hurdles
Young Women-Tina Gray-3000M
Youth Boys-Donovan Ford-100MH, Creighton Daetwyler-Shot Put
Intermediate Boys-Eduardo Pasko-1500/3000M, Shane Spanier-Javelin

Young Men-Tim Parr-1500M, Jesus Solis-3000MRW

Bronze Medalists

Midget Girls-Rachel Broerman,Lindsey Crawford,Tavia Van Vleet,Lauren Bedola-1600MR
Youth Girls-Lauren Carter-100MH/LJ, Ashley Crawford-Shot Put, Alexis Goggins,Jordan Haag,
Cynthia Gordon,Lauren Carter-400MR
Intermediate Girls-Amanda Glascoe-800M, Erin Marston-1500M,Ashley Mitchell-Shot Put
Young Women-Tina Gray-800M
Bantam Boys- Trevor Waliszewski-1500M
Intermediate Boys-Jared Knight-400M, Dylan Baker-800M, Brandon Gordon-1500M
Young Men-Jesus Solis-2000M Steeple

1999 OUTDOOR SEASON

USATF JUNIOR OLYMPIC NATIONALS-Omaha,Nebraska-July 1999

Silver Medalist

Jared Scott	Young Men	1500M	3:58.06
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Bronze Medalists

Eric Pasko	Young Men	3000M Racewalk	15:39.10
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Jared Scott	Young Men	5000M	15:27.76
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7th Place

Ashley Crawford	Midget Girls	Discus	73'11"
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REGION X CHAMPIONSHIPS-Brigham Young Univ.-Provo Utah-July 1999

Gold-Medalists

Ashley Crawford	Midget Girls	Discus	72'6"
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Eric Pasko	Young Men	3000MRW	16:07.84
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Josh Stone, Chris Meszaros	Young Men	4 x 800MR	8:25.43
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Andy Rath, Stephen Yeakley

Silver-Medalists

Collin Chavez	Intermediate Boys	400MH	59.71
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Eduardo Pasko, Dylan Baker	Intermediate Boys	4 x 800MR	8:56.38
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Keith Turner, David Hiserote

Bronze Medalists

Elizabeth Pasko	Midget Girls	3000M	12:34.50
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Ashley Crawford	Midget Girls	Shot Put	26'10"
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Elizabeth Pasko,Ashley Crawford	Midget Girls	4 x 400MR	4:53.60
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Lindsey Crawford, Lauren Bedola			
Sean Temple	Young Men	400MH	55.20
Mark Cutter, Sean Temple	Young Men	4 x 100MR	43.24
Alan Carter, Stephen Yeakley			
Cutter, Temple, Carter, Yeakley	Young Men	4 x 400MR	3:28.08

COLORADO STATE JUNIOR OLYMPICS CHAMPIONSHIPS-Univ. of Colorado-Boulder, Colorado-June 1999

Gold-Medalists

Bantam Girls-Jolyn Pasko-1500MRW

Midget Girls-Ashley Crawford-Discus, Elizabeth Pasko-3000M, Elizabeth Pasko, Lauren Bedola, Lindsey Crawford, Ashley Crawford

Bantam Boys-Trevor Waliszewski-1500MRW,

Intermediate Boys-Jesus Solis-3000MRW, Eduardo Pasko, Dylan Baker, Keith Turner, David Hiserote-4x800MR

Young Men-Jared Scott-800M/1500M/5000, Sean Temple-400MH

Silver-Medalists

Bantam Girls-Rachel Broerman-SP

Midget Girls-Ashley Crawford-Discus

Intermediate Girls-Erin Dude-HJ

Bantam Boys-Trevor Waliszewski-1500MRW

Youth Boys-Adam Bagherian-400M

Intermediate Boys-Eduardo Pasko-3000M, Pasko, Dylan Baker, Keith Turner, David Hiserote-4x400R

Bronze Medalists

Bantam-Lauren Billing-SP

Intermediate Girls-Jennifer Baker-1500M, Allison Wood-TJ

Youth Boys-Bryant Krongurad, Kevin Crow, Creighton Daetwyler, Adam Bagherian-4x100MR

Intermediate Boys-Eduardo Pasko-1500M, Keith Turner-3000M, Collin Chavez-110MH, Chris Urban-400MH

Young Men-Andy Rath-2000M Steeple, Mark Cutter-110MH/400MH, Cutter, Sean Temple, Allen Carter, Stephen Yeakley-4x400MR, Jared Scott, Josh Merrick, Josh Stone, Stephen Yeakley-4x800MR

1999 INDOOR SEASON

NATIONAL RANKINGS

Jerome Butler-Ranked #2 in the nation in the high school 60 meters (6.41)

SIMPLOT GAMES-Idaho State Univ.-Pocatello, Idaho

Silver-Medalist

Jay Hafemeister-800M-1:57.33

Bronze-Medalists

Eamonn Gardner-800M-1:58.06

4th Place

Stephen Yeakley, Jerome Butler, Wayne Williams, Scott Zakaras-1600M Medley(400,200,200,800)-3:40.20

5th Place

Eamonn Gardner, Stephen Yeakley, Chris Swan, Jay Hafemeister-4x800MR-8:17.26

8th Place

Stephen Yeakley-400M-50.61

1998 OUTDOOR SEASON

**USATF JUNIOR OLYMPIC NATIONALS-Univ. of Washington-Seattle, Washington-
July 28-August 2, 1998**

Bronze-Medalist

Eduardo Pasko	Youth Boys	3000M Racewalk	9:27.93
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5 TH Place-Sean Temple	Intermediate Boys	400M Hurdles	57.11
6 th Place- Sean Temple		Triple Jump	42'6"
6 th Place-Luke Babcock,Stephen Yeakley Eamonn Gardner,Jay Hafemeister	Young Men	4 x 800M Relay	8:03.20

REGION X CHAMPIONSHIPS-Phoenix, Arizona-July 1998

Gold-Medalists

Amber Canidy	Young Women	Long Jump	17'7 ¼"
Amber Canidy,Niya Bell,Brandy Green	Young Women	4 x 100M Relay	48.58
Dayna McMillen			
Eric Faw	Young Men	400M	49.30
Jay Hafemeister	Young Men	1500M	4:09.96
Eric Pasko	Young Men	3000M RW	
Eamonn Gardner,Stephen Yeakley	Young Men	4 x 800M Relay	8:11.54
Todd Lacy, Jay Hafemeister			

Silver-Medalists

Elizabeth Pasko	Bantam Girls	1500M	6:01.46
Dayna McMillen	Young Women	100M/200M	11.83/25.40
Amber Canidy	Young Women	Triple Jump	37'1"
Brittany Edmonds	Young Women	High Jump	5'3"
Jay Hafemeister	Young Men	800M	1:55.98
Chris Swan	Young Men	5000M	16:11.70
Luke Babcock	Young Men	2000M Steeplechase	6:43.60

Bronze-Medalists

Megan Quick	Youth Girls	Pole Vault	5'7 ¾"
Brittany Edmonds	Young Women	Heptathlon	4025
Katy Crow,Amber Canidy,Niya Bell	Young Women	4 x 400M Relay	
Nikki Austin			
Jesus Solis,Justin Winston	Intermediate Boys	4 x 800M Relay	9:16.0
Zach Selness, Keith Turner			
Jerome Butler	Young Men	100M	10.93
Eric White,Mike Kelly,Eric Faw	Young Men	4 x 100M Relay	43.00
Jerome Butler			

COLORADO STATE JUNIOR OLYMPICS-Univ. of Colorado-Boulder, Colorado-June 1998

Gold-Medalists

Midget Boys-Kevin Crow-Pentathlon,
Youth Boys-Eduardo Pasko-1500M, Brant Merritt-PV, David Olson,Chris Urban,Eduardo,Brant Merritt-4x400MR
Intermediate Boys-Matt Merritt-PV, Sean Temple-400MH,TJ, Zach Selness,Jesus Solis,Justin Winston,Keith Turner-4 x 800R
Young Men-Jay Hafemeister-1500M, Chris Swan-5000M, Eric Pasko-3000MRW, Eamonn Gardner,Eric Faw,Stephen Yeakley,Jerome Butler-4x400MR, Jay Hafemeister,Todd Lacy,Stephen Yeakley,Eamonn Gardner-4 x 800MR
Bantam Girls-Elizabeth Pasko-800M/1500MRW, Katie Coomes-LJ, Kelly Coomes,Lauren Bedola,Rachel Broerman, Lindsey Robinson-4x100MR
Midget Girls-Kate Quick-800M/1500M, Lisa Turner-SP, Sarah Broerman-Pentathlon
Youth Girls-Megan Quick-PV
Intermediate Girls-Wendy Carver-3000MRW, Erin Dude-HJ
Young Women-Amber Canidy-TJ, Brittany Edmonds-High Jump,Pentathlon, Hannah Holden-PV

Silver-Medalists

Midget Boys-Rusty Coomes-Pentathlon
Youth Boys-David Olson-800M
Intermediate Boys-Matt Merritt,Jesus Solis,Justin Winston,Keith Turner-4x400MR
Young Men-Eric Faw-400M,Jerome Butler-100M,Jay Hafemeister-800M,Brad Leone-JAV,Eric White,Jerome Butler,Mike Kelly, Eric Faw-4x100MR

Bantam Girls-Lauren Billing-SP,Elizabeth Pasko-1500M,Jolyn Pasko-1500mRW,Katie Coomes,Lauren Bedola,Rachel Broerman,Kelly Coomes-4x400MR
 Midget Girls-Ashley Robinson-Pentathlon,Kate Quick,Christina Bailey,Ashley Robinson,Danielle Vannicci-4x400R,
 Youth Girls-Megan Quick-PV
 Young Women-Brandy George-400MH,Dayna McMillen-200M, Brandy Green,Amber Canidy,Niya Bell,Dayna McMillen-4x100R

Bronze-Medalists

Midget Boys-Rusty Coomes/Kevin Crow-80MH
 Youth Boys-Brant Merritt-TJ,David Olson-1500M
 Intermediate Boys-Keith Turner-1500M/3000M, Sean Temple-110MH
 Young Men-EricFaw-200M, Chris Swan-1500M, Luke Babcock-2000M Steeple/JAV
 Bantam Girls-Katie Coomes-SP,Lindsey Robinson-100M
 Midget Girls-Sarah Broerman-80MH,Lisa Turner-Discus
 Youth Girls-Amanda Harvey-TJ
 Intermediate Girls-Wendy Carver-3000mRW, Erin Dude-HJ
 Young Women-Nikki Austin-400MH,Hannah Holden-1500M,Brittany Edmonds-LJ/TJ, Dayna McMillen-100M, Nikki Austin,Niya Bell,Katy Crow,Amber Canidy-4x400MR

1998 INDOOR SEASON

National Rankings

Jerome Butler-Ranked #2 in the Nation in the high school 55 meters with a time of 6.24.

SIMPLOT GAMES(North America's Premier High school Indoor Meet)

Pocatello Idaho-February 1998

Gold-Medalists

Jerome Butler- 55M-6.24

Dayna McMillen-4th- Women's 55M(6.98)

Eamonn Gardner-8th-800M(2:01.30)

1997 OUTDOOR SEASON

USATF JUNIOR OLYMPIC NATIONALS-Southern Univ.Baton Rouge, Louisiana- July 24-27, 2007

Silver-Medalist

Matt Merritt	Youth Boy's	Pole Vault	10'6"
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Bronze Medalist

Eric Pasko	Intermediate Boy's	3000M Racewalk	15:33.0
4 th Place Wendy Carver	Intermediate Girl's	3000M Racewalk	19:33.0
8 th Place Amber Canidy	Intermediate Girl's	Triple Jump	37'2"
8 th Place Dayna McMillen	Young Women's	100M	12.22(11.94P)

REGION X CHAMPIONSHIPS-UTEP-EI Paso, Texas-July-10-13, 1997

Gold-Medalists

Jesse Moore	Youth Boy's	200M	24.30
Matt Merritt	Youth Boy's	Pole Vault	12'0"
Jerome Butler	Intermediate Boy's	100M	10.97
Eamonn Gardner	Intermediate Boy's	800M	2:03.30
Eric Pasko	Intermediate Boy's	3000RW	17:42.0
Thomas Fortune	Young Men's	Discus	164'4"
Todd Lacy,Jay Hafemeister	Young Men's	4 x 800M Relay	8:17.60

Bryan Leone, Sean Renninger

Shannon Andrews, Amber Canidy Keane Hayes, Jeana Harbison	Intermediate Girl's	4 x 400M Relay	49.34
Dayna McMillen	Young Women's	100M	12.17
Jenni Wonder, Dayna McMillen, Elise Estes, Nichole Oates	Young Women's	4 x 100M Relay	47.33

Silver-Medalists

Jesse Moore	Youth Boy's	400M	54.67
Jerome Butler	Intermediate Boy's	Long Jump	21'7"
Jay Hafemeister	Young Men's	1500M	4:14.80
Richie Harris, Robert Rollins	Young Men's	4 x 100M Relay	44.60
Shane Cormier, Marc Heinecke			
Thomas Fortune, Jerome Mason, Sean Renninger, T.J. Carter	Young Men's	4 x 400M Relay	3:21.0

Bronze-Medalists

Ashley Robinson, Jordyn Reece, Lauren Bedola, Lindsey Robinson	Bantan Girl's	4 x 100M Relay	1:02.36
Shannon Andrews, Amber Canidy Keane Hayes, Jeana Harbison	Intermediate Girl's	4 x 400m Relay	4:17.49
Sarah Peden	Young Women's	Triple Jump	34'6 3/4"
Reana Robitaille	Young Women's	Shot Put	34'3 1/2"

USATF COLORADO STATE JUNIOR OLYMPIC CHAMPIONSHIPS-CU-Boulder-June 21-22, 1997

Gold-Medalists

Jordyn Reece, Ashley Robinson, Lauren Bedola, Lindsey Robinson BG-4x100 & 4 x 400R
Amber Canidy-IG-Triple Jump, Wendy Carver-IG-3000M RW
Elise Estes, Shaniqua Gonzales, Kate Crow, Nichole Oates-YW-4x400R, Reana Robitaille-YW-SP
Matt Merritt-YB-100M & Pole Vault, Eduardo Pasko-YB-3000M, Eduardo Pasko, Jesse Moore, Keith Turner, Matt Merritt-YB-4x400R
Jerome Butler-IB-100M & Long Jump, Eamonn Gardner-IB-800M
Jay Hafemeister-YM-800M, Brian Leone-YM-1500M, Todd Lacy, Jay Hafemeister, Brian Leone, Sean Renninger, Thomas Fortune-YM-Discus
T.J. Carter, Thomas Fortune, Shane Cormier, Adam Hopkins-YM-4x100MR, Carter, Fortune, Renninger, Jerome Mason-YM-4x400MR

1996-OUTDOOR SEASON

USATF AGE GROUP NATIONALS-Salt Lake City, Utah-July 3-6, 1996

Gold-Medalists

Jennie Wonder	Young Women	400m Hurdles	1:04.94
Jenni Wonder(1:00.5), Jessica Kuzma(58.9)	Young Women	1600M Relay	3:55.20

Nichole Oates(57.2), Shaniqua-a Gonzales(58.5)

Bronze Medalists

Nichole Oates-Young Women-200M-24.90
Dayna McMillen-Intermediate Girls-100-12.16
Thomas Fortune-Young Men-Discus-148'10
Chris Swan-Intermediate Boys-3000M-9:41.41

REGIONAL X CHAMPIONSHIPS-Albuquerque, New Mexico-July 12-14, 1996

Gold-Medalists

Jason Wimbley	Young Men	400M	48.88
Joe Wyeth, Jerome Mason, Jason Wimbley, Thomas Fortune	Young Men	400M Relay	42.54
Chris Swan, Jay Hafemeister Skye Kolb, Todd Lacy	Intermediate Boys	3200M Relay	8:43.12

Jenni Wonder, Jessica Kuzma	Young Women	1600M Relay	4:01.74
Nichole Oates, Sha-nique-a Gonzales			
Nichole Oates	Young Women	200M	25.08
Aja Lyons	Young Women	High Jump	4'11 ¼"
Dayna McMillen	Intermediate Girls	100M	12.27

COLORADO STATE JUNIOR OLYMPIC SCHAMPIONSHIPS-Boulder Colorado-June 17-18,1996

State Gold-Medalists

Young Women-400M Relay-Nichole Oates,Becky George,Megan Geonetta,Sha-nique-aGonzales-51.09
 1600M Relay-Oates,Gonzalez,Malmgren,Jessica Kuzma-4:04.4,High Jump-5'4" & Javelin- 99'8"-Lindsey Malmgren
 400M Hurdles-Jenni Wonder-1:06.34200M-Nichole Oates-25.72
 Intermediate Girls-100M-Dayna McMillen-12.48, 400M Hurdles-Candice Lee-1:13.15
 Youth Girls-3000M Racewalk-Wendy Carver-19:54.4

Young Men-200M-T.J. Carter-22.57, Discus-Thomas Fortune-153'5"
 Intermediate Boys-1600M Relay-Skye Kolb,Chris Swan,Jay Hafemeister,Todd Lacy-3:45.9
 3200M Relay-Kolb,Swan,Hafemeister,Lacy-8:53.0
 Youth Boys-Pole Vault-Matt Merritt