

May 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22 ATHLETE/PARENT INFO MEETING PENROSE LIBRARY 1400-1600	23 REGISTRATION GRACE COMMUNITY CENTER(GCC) OR SIERRA HS (SHS) TBA 1730-1930	24 TRACK PRACTICE GCC/SHS 1730-1930	25 TRACK PRACTICE GRACE COMMUNITY CENTER (GCC) OR SHS 1730-1930	26 TRACK PRACTICE GCC/SHS 1730-1930	27 TRACK PRACTICE GCC/SHS 1730-1930	29 AAU DISTRICT QUALIFIER MEET BRIGHTON HS BRIGHTON, CO
29	30 TRACK PRACTICE GCC/SHS 1730-1930	31 TRACK PRACTICE GCC/SHS 1730-1930				

June 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
This schedule is tentative. It is subject to change due to weather, venue availability,	and school exam schedules.		1 TRACK PRACTICE GCC/SHS 1730-1930	2 TRACK PRACTICE GCC/SHS 1730-1930	3 TRACK PRACTICE GCC/SHS 1730-1930	4 USATF MEET COLORADO FLYERS FREDDIE HOUSTON MEMORIAL DENVER, CO
5	6 TRACK PRACTICE GCC/SHS 1730-1930	7 TRACK PRACTICE GCC/SHS 1730-1930	8 TRACK PRACTICE GCC/SHS 1730-1930 OR POOL TRAINING	9 TRACK PRACTICE GCC/SHS 1730-1930	10 TRACK PRACTICE GCC/SHS 1730-1930	11 USATF MEET ZOOM INVITATIONAL DENVER SPORTS AUTHORITY PARKER, CO
12	13 TRACK PRACTICE GCC/SHS 1730-1930	14 TRACK PRACTICE GCC/SHS 1730-1930	15 TRACK PRACTICE GCC/SHS 1730-1930 OR POOL TRAINING	16 TRACK PRACTICE GCC/SHS 1730-1930	17 MEET PREPARATION	18 USATF CO JO CHAMPIONSHIP MEET DAY 1
19 USATF CO JO CHAMPIONSHIP MEET DAY 2	20 RECOVERY AND RESTORATION	21 TRACK PRACTICE GCC/SHS 1730-1930	22 TRACK PRACTICE GCC/SHS 1730-1930 OR POOL TRAINING	23 TRACK PRACTICE GCC/SHS 1730-1930	24 TRACK PRACTICE GCC/SHS 1730-1930	25 USATF MEET COLORADO STEPPERS BRIGHTON, HS BRIGHTON, CO
26	27 TRACK PRACTICE GCC/SHS 1730-1930	28 TRACK PRACTICE GCC/SHS 1730-1930	29 TRACK PRACTICE GCC/SHS 1730-1930 OR POOL TRAINING	30 TRACK PRACTICE GCC/SHS 1730-1930		

July 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 MEET PREPARATION	2 AAU NATIONAL QUALIFIER MEET BRIGHTON HS, BRIGHTON, CO
3	4 TRACK PRACTICE GCC/SHS 1730-1930	5 TRACK PRACTICE GCC/SHS 1730-1930	6 TRACK PRACTICE GCC/SHS 1730-1930 MULTI-EVENTS TO ALBUQUERQUE, NM	7 TRACK PRACTICE GCC/SHS 1730-1930 USATF JO REGION X MULTI- EVENTS	8 USATF JO REGION X MULTI-EVENTS CHAMPIONSHIP MEET DAY 2 T&F TO ALBQ	9 USATF JO REGION X TRACK & FIELD CHAMPIONSHIP MEET ALBUQUERQUE, NM DAY1
10 USATF JO REGION X TRACK & FIELD CHAMPIONSHIP ALBUQUERQUE, NM MEET DAY2	11 RETURN TO COLORADO SPRINGS	12 TRACK PRACTICE GCC/SHS 1730-1930	13 TRACK PRACTICE GCC/SHS 1730-1930	14 TRACK PRACTICE GCC/SHS 1730-1930	15 MEET PREPARATION	16 USATF MEET COLORADO SPRINGS INVITATIONAL COLORADO SPRINGS
17	18 TRACK PRACTICE GCC/SHS 1730-1930	19 TRACK PRACTICE GCC/SHS 1730-1930	20 RESTORATION POOL TRAINING	21 TRACK PRACTICE GCC/SHS 1730-1930	22 TRACK PRACTICE GCC/SHS 1730-1930	23 TRACK PRACTICE GCC/SHS 0900-1100
24 Rocky Mountain State Games 30-31 July Colorado Springs, CO	25 TRACK PRACTICE GCC/SHS 1730-1930 OR TRAVEL DAY	26 USATF NATIONAL JO CHAMPIONSHIP MEET WITCHITA, KS OR TRACK PRACTICE GCC/SHS 1730-1930	27 USATF NATIONAL JO CHAMPIONSHIP MEET WITCHITA, KS	28 USATF NATIONAL JO CHAMPIONSHIP MEET WITCHITA, KS OR TRACK PRACTICE GCC/SHS 1730-1930	29 USATF NATIONAL JO CHAMPIONSHIP MEET WITCHITA, KS AAU NATIONAL JO CHAMPIONSHIP MEET NEW ORLEANS, LA	30 USATF NATIONAL JO CHAMPIONSHIP MEET WITCHITA, KS AAU NATIONAL JO CHAMPIONSHIP MEET NEW ORLEANS, LA
31 USATF NATIONAL JO CHAMPIONSHIP MEET WITCHITA, KS						

August 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 AAU NATIONAL JO CHAMPIONSHIP MEET NEW ORLEANS, LA	2 AAU NATIONAL JO CHAMPIONSHIP MEET NEW ORLEANS, LA	3 AAU NATIONAL JO CHAMPIONSHIP MEET NEW ORLEANS, LA	4 AAU NATIONAL JO CHAMPIONSHIP MEET NEW ORLEANS, LA	5 AAU NATIONAL JO CHAMPIONSHIP MEET NEW ORLEANS, LA	6 AAU NATIONAL JO CHAMPIONSHIP MEET NEW ORLEANS, LA
7 CSSTFC ANNUAL AWARDS PICNIC Or next week	8	9	10	11	12	13
14 CSSTFC ANNUAL AWARDS PICNIC	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			